



Stay Connected to Your Passion Exercise

What's your leadership legacy?	
In a moment, close your eyes and imagine your leadership legacy gaining momentum. See the big evidence of your legacy coming into existence. What results are produced? What do you see people doing? How do you and others feel? Close your eyes now for at least thirty seconds and let yourself dream and imagine.	
What images are associated with your thoughts?	
What kind of a song would you associate with your thoughts? Name the genre and any specific songs.	
Any objects—in your home, office, or that you could get—embody your thoughts?	
What image, song, and/or object best represents your leadership legacy? You can have more than one—for example, both an image and a song.	
Think about the initiative or body of work that can most effectively move your leadership legacy forward right now.	
What images are or could be associated with this work? Include any logos.	
What song would you associate with this work?	
What objects—in your home, office, or that you could get—embody this work?	
What image, song, and/or object best represents this work? You can have more than one—for example, both an image and a song.	
Post any images around your house and office. Paste an image into documents such as the project team charter, your professional development plan, communications and status reports that get sent out, etc. Use an image as your computer screensaver or your phone home screen.	
Play a song at the beginning of a team meeting. Share what the song means to you and why you associate the song with the work. Ask others what songs come to mind. You might get a whole playlist to work your way through.	
Put any objects in a place you will be most likely to see them in the moments when you need a reminder about what this is all for.	
When you see your image, hear your song, or look at your object, breathe in the reasons why this work is important to you. Take a moment to feel your passion come to the surface for you.	